



 **CHILD**

2022 Annual Report

Introduction

2022 was another extremely fruitful year for CHILD thanks to our incredible donors and dedicated partners! As we go through a snapshot of what happened in 2022, we want to cast a vision of the difference that was made and will continue to be made in the lives of those who may be powerless to affect change in their life circumstances without some assistance.

Mission

CHILD is a Canadian charity that partners with local organizations across the world to bridge the gap and empower communities in need through enhancing nutrition, improving education, and providing disaster relief.

All donations received by CHILD go directly to our partner organizations. CHILD is run exclusively by volunteers and all administration costs are covered by another source.

CHILD was founded in 2011.


Goals


- CHILD relieves poverty by providing food and other basic supplies to persons in need
- CHILD provides the necessities of life to victims of disaster
- CHILD provides medical supplies to persons in need
- CHILD educates by providing employment training and skills training




Contact

 @community.health.international

 @child_society

 www.childsociety.org

 childsocietyorg@gmail.com

 P.O. Box 29031
Pleasantview Post Office
Edmonton, AB T6H 5Z6



Letter from the President



Our charity, CHILD, provides hope, healing, life, caring and compassion to men, women and especially children, regardless of race, creed, religion or gender. CHILD provides this on three continents: India, South Africa and Haiti. CHILD has been in existence for 11 years, and each year we have been able to grow financially and increase the amount that we can provide to those who have so very little.

CHILD's focus at Metropolitan Mission Children's Home and School is to buy the entire year's supply of rice needed by the 150 children staying in the home. CHILD has also bought two water buffalo for milk, a generator, and two school buses. CHILD provides flood and drought relief and sponsors a tailoring program for women. There are many more programs that CHILD is involved with, and I would encourage you to read the detailed reports on India.



In South Africa, for the past two years, CHILD has been making a very substantial difference in the lives of those who struggle with substance use disorder. This program has given women their lives back, so that they can have their children back. The program has allowed people who have been addicted to drugs for years to finally hold down a job. The life changing stories from this program are truly inspiring.

These are just a few of the highlights of what CHILD has been doing this year in India, Haiti and South Africa. I would very much encourage you to read each individual report for more in-depth information about CHILD's programs in these three countries.



Of course, none of the work that CHILD has done in 2022 would be possible without supporters like YOU. Through YOUR support CHILD has been able to bless tens of thousands of men, women and especially children who are scattered across three continents.

Thank you so very much.

Cathy Page

President, CHILD Foundation

HCH Nutrition Program

2022 is now CHILD's 7th year of providing support to the Haiti Children's Home nutrition program in Haiti. Haiti continues to be rift with much political and socio/economic turmoil and as we sit in a place of contrasting abundance we consider it to be a great privilege to care for those who are so severely malnourished and in poverty.

One of the biggest changes this year for the nutrition program has been that Lori, who has been our "on the ground" contact and the lead nurse in Haiti for the nutrition program, has now returned to live in Canada. Fortunately, the program has been able to continue because a Haitian nurse, Miss Roland, has taken on the role well. She continues to assess & follow up with children and families' nutrition needs and health.



Education is so important when raising kids, but it's not always accessible to parents and caregivers. In Haiti, there can be misconceptions about nutrition that lead caregivers to give their children food that they think is healthy, when the child actually needs something else, like protein, in order to grow in a healthy way. HCH provides education for caregivers which enables them to know exactly what their children need to thrive.

HCH's nutrition program gives hope to so many families. By providing nutritional support, HCH helps keep families together and enables parents to gain the resources and knowledge they need to give their children a healthy life. CHILD's funds are used to purchase high protein nutritional supplements, Medical Mumba Bars and Manna Packs, as well as essential medications which are given to the children participating in the program.



There are currently over 300 children in the nutrition program, with many graduating each month and their spots being filled by new children who are malnourished and in need of help. We are so thankful to all our donors over the last 7 years who have helped HCH in their journey by providing funds for nutritional supplements given to these families in need.

It has already been more than 2 years since CHILD began working with SAHARA in the townships of George. Much incredible work has happened in these two years of partnership, and the program keeps growing and growing. Hundreds of people are being helped with the medicine that is funded through CHILD.

Substance use disorder (SUD) is a treatable medical condition that can affect a person mentally, emotionally, spiritually, and physically, so SAHARA's approach to treatment is likewise touching all these areas. Counselling in support groups is offered to restore people, who suffer from SUD, to social functioning within their family and society. To help with the physical side, free medication is prescribed as needed by a doctor.

Funding for medications to treat SUD is very limited in South Africa, so many who want to receive treatment are denied access because they can't afford it. This is where CHILD steps in, allowing those who cannot afford treatment to be able to access the medication they need to achieve a healthier life and hope for a brighter future!



Dr. Hermann Reuter sees the clients in different clinics and works in conjunction with a counselor, who could be a trained volunteer, social worker, or youth worker. One counselor is Marina, a retired social worker, who works in the clinic in Pacaltsdorp and helps with community events. She previously worked for the government and has lots of experience.

Marina is passionate as she has first hand experience with SUD and has seen the damage done by substance use in the community and in her family. Her son struggled with SUD for many years, so she knows how support groups like SAHARA are a critical part of the healing process.

Below is a picture of the SAHARA team, with Marina on the far right side.



We are also so excited to see how the Planet Youth program is being implemented in local high schools where drug and alcohol use among students was around 40% pre-pandemic and estimated to have dramatically increased since then. This program aims to reduce alcohol consumption in youth and has been proven effective in many places, including some cities in Canada. The original program in Iceland reduced underage drinking from 42% to 5% in 17 years. This is a dream coming true for SAHARA who initiated it and many government agencies are getting involved. SAHARA surveyed over 8000 students, and now the data will be analyzed in Iceland to design a comprehensive plan for revitalizing their community.

It is so great to see how SAHARA is taking a look at the big picture and not only helping those who already have a substance use disorder, but they are also working towards a future where fewer people will need their services due to preventative measures being taken.

Metropolitan Mission

2022 was a year of moving forward after India slowly recovered from the COVID crisis. Prices of food and other necessities have increased anywhere from 2 to 10 times their pre-COVID price, so all the support Metropolitan Mission (MM) receives from CHILD is immensely appreciated. MM is also continuing to increase their self-sufficiency in several different ways to help with saving money where they can.

Children's Home & School

In 2022 the school and children's home went back to regular programming. The school now has 220 children enrolled in the Telegu and English programs. The school is continually growing, so this year CHILD funded a new bus to help transport the children which is a great help as 11 villages are now sending children to the MM school. In 2022, CHILD once again supplemented the teachers' salaries and provided a large Christmas bonus. With rising prices, the teachers were especially grateful that they could provide for their families.



The MM school is a critical part of helping their community prosper. By providing affordable high quality education, many children now have the opportunity to pursue secondary education, as universities in India only teach in English. MM also puts a special emphasis on educating girls, because not only does it keep them safe from being trafficked, but educated girls who eventually become mothers educate the entire family and keep them out of abject poverty.

In order to keep the kids at the children's home healthy and safe, CHILD has funded a generator for the home. Encountering snakes in the dark at night is a very real danger but a simple solution is to keep a light on to provide visibility. Because of the many power outages, there often are no lights so having a generator solves this problem.

CHILD also gifted a new set of Christmas clothes for the children and staff at the home. There was also enough money to buy blankets for widows in the community as a Christmas gift.

Rice & Protein

Once again this year CHILD supplied rice, vegetables, fruit, and protein-rich food like milk, eggs, peanuts, mutton, and chicken to the 120 children in the children's home. All the children eat breakfast and supper at the home. Half go to public school where they get lunch, but they come home very hungry as the food in the public school doesn't meet their nutritional needs. Rice funded by CHILD is good quality and tastes great. The cooks make a different menu for each day of the week, which is then repeated the next week.



Agriculture

CHILD funded a tractor and trailer in 2022 which are used on the 8 acre lot of the children's home for tilling the ground to plant vegetables like spinach, eggplant, okra and more. MM also planted some fruit trees, and so far they have been able to sell many mangos and use the proceeds to repair windows and put up mosquito screens in the children's home.

The trailer is also used weekly to take a load of rice from the storage at the children's home to the mill to remove the husks which keeps the rice fresh. The trailer is also used to get provisions from Walmart, load the buffaloes, transport children's luggage and for many other tasks.



Two water buffalo were also purchased in 2022 to supply milk for the children's home. A family skilled in looking after buffaloes was hired to live on the home grounds. They feed the buffaloes, look after their health, milk them, clean their stall and look after all their needs.

Wells

When drought season comes upon India, everyone's thoughts turn to water. Will they be able to find enough water to get them through this year's dry season? In 2022, CHILD sent money for drilling 5 wells, which brings us to a total of 58 wells.

Some wells provided by the government have dried up and others have electric pumps, but since electricity isn't available all the time, neither is the water. MM works hard to ensure that each well that is drilled will meet the needs of the village and provide water throughout the many dry seasons that will come in the future.

One well was drilled in a larger village of 10,000 people that recently had 500 families relocated there. Due to the significant increase in population combined with the yearly drought, water scarcity was a big concern. Thankfully MM was able to come alongside a social worker they know in the area and drill a well that now provides clean, safe drinking water to the new residents. The well also produces enough water for agricultural use nearby so that food crops can continue growing. Even the president of the village came to the opening of the well and was very grateful that clean water was now available for so many more people.



Disaster Relief

A major flood took place in the Godavari district of Andhra Pradesh with over 10 ft of water in some of the poorest areas. It was the worst flood the people living there had seen in their entire lives. Thousands of people were displaced and evacuated to relief camps, leaving behind their homes and livelihoods which were destroyed by the flood.

Thankfully, CHILD was able to respond to this need quickly and allow MM to mobilize a team to put together and hand out relief packages with food, blankets, clothes, and other necessities. Over 400 families received the packages, and they were incredibly grateful. It may seem like only a drop in the bucket for a disaster this large, but for each one of those families, it was a lifeline that provided hope in their darkest hour. MM was very grateful to the volunteers who served selflessly and for the funds provided by CHILD.

Nutrition Program

In the fall of 2022, MM started a nutrition program at a school in a slum area. Through CHILD's support, MM volunteers provide an egg and a cup of milk 6 mornings a week for 70 elementary school kids. They also receive fruit once a week, which is a favourite among the children. Of these children, 30 come to school with an empty stomach. With the program, teachers have noticed that children are much more energetic, attentive to their studies, and overall healthier. One unexpected benefit is that the children want to come to school because they are getting milk and eggs.



Sewing Programs

Creating programs to break the cycle of poverty is a major goal for MM, and sewing programs have been a successful example of that. For 10 months, MM holds a sewing class for a group of women that grants them a tailoring certificate. This certificate allows them to start a home tailoring business, giving them the opportunity to earn an income in a flexible and reliable way. Many of these women are single moms or do not have enough income from their spouse alone to stay out of poverty. This program enables them to keep themselves and their families well provided for, and in some cases may provide the finances to send their children to a better school. Everything about this program helps empower women and pave the way for a better future for the whole community.

CHILD provides the teacher's salary, materials and tools, and also gifts each woman a sewing machine upon completion of the program. So far five sewing programs have run in 4 different villages.



One woman participating in a sewing program is part of the Dalit class and is very poor. She is not able to go out and find work due to her low level of education and frail constitution, and her husband works as a day labourer. Their income was not nearly enough to support their family and they suffered a lot as a result.

Since graduating from the sewing program, she has the skills and resources she needs to provide for her family, as she has received a sewing machine from CHILD as part of the program. She now works as a seamstress and is even able to make clothes for her children to cut down on costs. Her family is so thankful to now be able to support themselves and live comfortably.

Lives Impacted in 2022



Sarah's Story



https://youtube/_93hXyo2IRY

Your support of SAHARA has helped many people like Sarah. Sarah is a family-focused woman who wants to support herself and her daughter and live a healthy life surrounded by her family and friends. Growing up, Sarah lived with her mother who suffered from alcohol use disorder and was verbally abusive. In her adult years, Sarah developed a substance use disorder and started smoking and using heroin, and as a result she lost her job and was separated from her daughter. Sarah tried to overcome her SUD multiple times over the years with different treatment methods, but each time she relapsed and the process started over again.

In desperation, Sarah's sister reached out to SAHARA. Sarah and her sister were ecstatic when the reply came that with the medication funded by CHILD, Sarah could receive treatment! Sarah is now part of the Methadone Opioid Substitution Therapy (OST) program and also receives smoking cessation medication. It was a year of progress and recovery. When Sarah shared her story, she mentioned she has not used drugs in months and has an apartment that she lives in with her daughter. They are both incredibly grateful to CHILD. You can hear their gratitude in the video!

Sarah is now a big advocate for SAHARA and has even recommended several friends to join the program. Knowing the feeling of getting your life back after having SUD is a feeling she wants to help others have by investing back into her community. Sarah is still on a journey, which will inevitably have ups and downs, but with SAHARA and CHILD's help, she will have more hope for a healthy future.



[Post from Haiti Children's Home Facebook page]

HCH's kids and staff recently attended a children's program, and shortly after we arrived, this little girl you see above came running up to us! It took us a minute to figure out why she seemed so happy to see us, and then we saw her mom coming to greet us, and it all clicked!

This cutie is Lousnie, the sick little baby that was the inspiration for the nutrition program 10 years ago!!! Her mom was desperate for help for her child, and came to bring Lousnie to live at the HCH orphanage, and yet it was easy to see her immense grief at the idea of leaving her precious baby at HCH. So, our nurse offered her a place in a program that didn't even exist, and thus began the nutrition program.

Seeing this family together and thriving is EXACTLY why we started this program, and it brought us to tears to see how the faith we had to start a program without any support, led to hundreds of children with stories like this one!

Thank you for supporting our community program!

THIS. IS. WHY. ❤️ ❤️

Finances

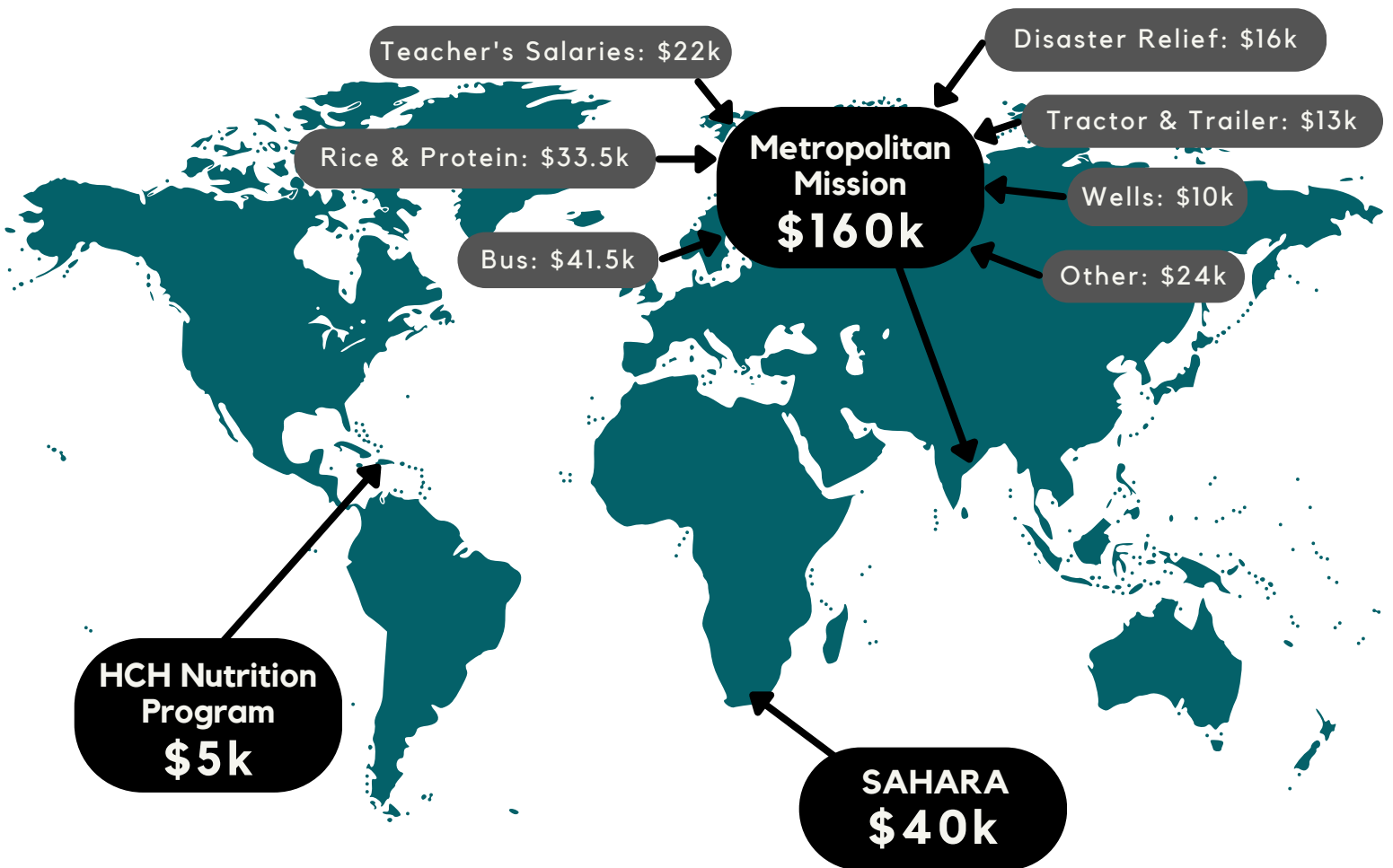
Once again our donors have made incredible contributions, leading to CHILD having its most successful year of donations yet! Many fundraising efforts were made both in person and online, and donors both new and old rose up to the challenge and gave generously each time. This allowed CHILD to fund the numerous projects mentioned in this report, and to have enough to continue that support throughout 2023.

In 2022, CHILD sent \$205,334 to our partner organizations!

Additionally, in 2022 there were \$5,086.77 in administration expenses that were completely covered by a third-party charitable fund. All donations received by CHILD from our donors go directly to our partner organizations.

\$205,334

was sent to our partners in 2022!



Fundraising

The year started off with our Pi Day fundraiser for the Haiti Nutrition Program. Whole pies were sold in advance in the Edmonton and Red Deer areas by some of our board members, and a few in person pie tasting events were held as well. Close to \$10,000 was raised, which means about 100 children will be treated for severe malnutrition.



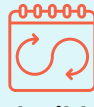



In the fall, CHILD held its first in person fall fundraiser since 2019. The theme was “Moving Forward”. The world has been changing in many ways over the last few years and this has been an eye-opening time and has allowed our partners and even CHILD itself to think outside of the box. In all these circumstances, CHILD and our partners have decided to move forward with a renewed sense of passion and excitement. A target of \$70,000 was determined and shared at the fundraiser as a financial benchmark that would enable the current work to continue and allow for growth. With the generous offer of an anonymous donor, all donations made for MOVING FORWARD were matched. The event was attended by 112 people, and with the matching donations CHILD raised just about \$190,000. Even those who couldn't attend the event participated through their online donations, for which we are so grateful. It was the most successful CHILD fundraiser to date!



Monthly Giving

Have you thought about giving monthly to CHILD? Here are some perks:

 Predictable Allows CHILD to plan for the future	 Easy to use Automatic payments by credit or debit
 Flexible Change, put on hold, or cancel at any time	 Efficient Receive tax receipts all in one place

If you would like to give monthly, you can do so with your credit card using CanadaHelps through the CHILD website, or we can set up Pre-Authorized Debit if you contact us at childsocietyorg@gmail.com.



By donating to CHiLD, you have taken the opportunity to help our partners in Haiti, India and South Africa provide resources for the communities they work with.

You have made a difference!

You made a difference for the father who chose to bring his malnourished child to HCH's nutrition program. **You made a difference** for the single mom that came to SAHARA and was struggling with substance use disorder. **You made a difference** for the children at the children's home in India by providing them with quality education and nutritious foods that will better sustain them and allow them to lead active, healthy lives.

You have changed lives in these communities and provided hope for a brighter future for them!

Thank-you!

- The CHiLD Board



CHiLD

COMMUNITY HEALTH INTERNATIONAL
LEARNING & DEVELOPMENT